

Medicine			
Bachelor	TR-NQF-HE: Level 7	QF-EHEA: Second Cycle	EQF-LLL: Level 7

Course Introduction and Application Information

Course Code:	UNI259		
Course Name:	Life Quality		
Semester:	Spring Fall		
Course Credits:	<div>ECTS</div> <div>5</div>		
Language of instruction:	Turkish		
Course Condition:			
Does the Course Require Work Experience?:	No		
Type of course:	University Elective		
Course Level:	<div>Bachelor</div> <div>TR-NQF-HE:7. Master`s Degree</div> <div>QF-EHEA:Second Cycle</div> <div>EQF-LLL:7. Master`s Degree</div>		
Mode of Delivery:	Face to face		
Course Coordinator:	Öğr. Gör. YUNUS EMRE TÜTÜNEKEN		
Course Lecturer(s):	YUNUS EMRE TÜTÜNEKEN		
Course Assistants:			

Course Objective and Content

Course Objectives:	To teach the concept of quality of life, quality of life in different problems and the effectiveness of quality of life.
Course Content:	This course; definition of quality of life, factors affecting quality of life, health-related quality of life, quality of life, emotional state, sleep, the relationship between pain and fatigue, quality of life and

activity participation, quality of life and environment, quality of life assessment methods, children, elderly, disabled and It includes the quality of life of chronic patients, opinions about the end of life, quality of life in different groups (field work), interventions to improve the quality of life, review of the literature on the quality of life of different groups, discussion, quality of life in different groups.

Learning Outcomes

The students who have succeeded in this course;

- 1) Being able to relate quality of life and its relationship with health
- 2) Explain the relationship between quality of life, emotional state, pain and fatigue.
- 3) To be able to exemplify the methods of assessing the quality of life
- 4) Ability to adapt quality of life working principles in age groups

Course Flow Plan

Week	Subject	Related Preparation
1)	Definition of quality of life	Ders sunumlarını okumak.
2)	Factors affecting quality of life	Ders sunumlarını okumak.
3)	Health-related quality of life	Ders sunumlarını okumak.
4)	Relationship between quality of life, emotional state, sleep, pain and fatigue	Ders sunumlarını okumak.
5)	Quality of life and activity participation	Ders sunumlarını okumak.
6)	Quality of life and environment	Ders sunumlarını okumak.
7)	Quality of life assessment methods	Ders sunumlarını okumak.
8)	Midterm	Ders sunumlarını okumak.
9)	Child quality of life and current literature	Ders sunumlarını okumak.
10)	Elderly quality of life and current literature	Ders sunumlarını okumak.

11)	Disabled quality of life and current literature	Ders sunumlarını okumak.
12)	Quality of life of chronic patients and current literature end of life care	Ders sunumlarını okumak.
13)	Interventions to improve quality of life	Ders sunumlarını okumak.
14)	Interventions to improve quality of life	Ders sunumlarını okumak.
15)	Final	Final
16)	Final	Final

Sources

Course Notes / Textbooks:	Fiziksel Aktivite ve Yaşam Kalitesi, Alparslan Gazi Aykın, Okur Akademi
References:	Fiziksel Aktivite ve Yaşam Kalitesi, Alparslan Gazi Aykın, Okur Akademi

Course - Program Learning Outcome Relationship

Course Learning Outcomes	1	2	3	4
Program Outcomes				
1) When Istinye University Faculty of Medicine student is graduated who knows the historical development of medicine, medical practices, and the medical profession and their importance for society.				
2) knows the normal structure and function of the human body at the level of molecules, cells, tissues, organs and systems.				
3) is capable of systematically taking an accurate and effective social and medical history from their patients and make a comprehensive physical examination.				
4) knows the laboratory procedures related to diseases; In primary care, the necessary material (blood, urine, etc.) can be obtained from the patient with appropriate methods and can perform the necessary laboratory procedures for diagnosis and follow-up or request laboratory tests.				
5) can distinguish pathological changes in structure and functions during diseases from physiological changes and can Interpret the patient's history, physical examination, laboratory and imaging findings, and arrive at a pre-diagnosis and diagnosis of the patient's problem.				

6) knows, plans and applies primary care and emergency medical treatment practices, rehabilitation stages. Course Learning Outcomes	1	2	3	4
7) can keep patient records accurately and efficiently, know the importance of confidentiality of patient information and records, and protects this privacy.				
8) knows the clinical decision-making process, evidence-based medicine practices and current approaches.				
9) knows and applies the basic principles of preventive health measures and the protection of individuals from diseases and improving health, and recognizes the individual and/or society at risk, undertakes the responsibility of the physician in public health problems such as epidemics and pandemics.				
10) knows the biopsychosocial approach, evaluates the causes of diseases by considering the individual and his / her environment.				
11) is capable of having effective oral and/or written communication with patients and their relatives, society and colleagues.				
12) knows the techniques, methods and rules of researching. It contributes to the creation, sharing, implementation and development of new professional knowledge and practices by using science and scientific method within the framework of ethical rules.				
13) can collect health data, analyze them, present them in summary, and prepare forensic reports.				
14) knows the place of physicians as an educator, administrator and researcher in delivery of health care. It takes responsibility for the professional and personal development of own and colleagues in all interdisciplinary teams established to increase the health level of the society.				
15) knows employee health, environment and occupational safety issues and takes responsibility when necessary.				
16) knows health policies and is able to evaluate their effects in the field of application.				
17) keeps medical knowledge up-to-date within the framework of lifelong learning responsibility.				
18) applies own profession by knowing about ethical obligations and legal responsibilities, prioritizing human values and with self-sacrifice throughout own medical life.				

Course - Learning Outcome Relationship

No Effect	1 Lowest	2 Average	3 Highest

	Program Outcomes	Level of Contribution
1)	When Istinye University Faculty of Medicine student is graduated who knows the historical development of medicine, medical practices, and the medical profession and their importance for society.	
2)	knows the normal structure and function of the human body at the level of molecules, cells, tissues, organs and systems.	
3)	is capable of systematically taking an accurate and effective social and medical history from their patients and make a comprehensive physical examination.	
4)	knows the laboratory procedures related to diseases; In primary care, the necessary material (blood, urine, etc.) can be obtained from the patient with appropriate methods and can perform the necessary laboratory procedures for diagnosis and follow-up or request laboratory tests.	
5)	can distinguish pathological changes in structure and functions during diseases from physiological changes and can Interpret the patient's history, physical examination, laboratory and imaging findings, and arrive at a pre-diagnosis and diagnosis of the patient's problem.	
6)	knows, plans and applies primary care and emergency medical treatment practices, rehabilitation stages.	
7)	can keep patient records accurately and efficiently, know the importance of confidentiality of patient information and records, and protects this privacy.	
8)	knows the clinical decision-making process, evidence-based medicine practices and current approaches.	
9)	knows and applies the basic principles of preventive health measures and the protection of individuals from diseases and improving health, and recognizes the individual and/or society at risk, undertakes the responsibility of the physician in public health problems such as epidemics and pandemics.	
10)	knows the biopsychosocial approach, evaluates the causes of diseases by considering the individual and his / her environment.	
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16)	knows health policies and is able to evaluate their effects in the field of application.	
17)	keeps medical knowledge up-to-date within the framework of lifelong learning responsibility.	
18)	applies own profession by knowing about ethical obligations and legal responsibilities, prioritizing human values and with self-sacrifice throughout own medical life.	

Assessment & Grading

Semester Requirements	Number of Activities	Level of Contribution
Midterms	1	% 40
Final	1	% 60
total		% 100
PERCENTAGE OF SEMESTER WORK		% 40
PERCENTAGE OF FINAL WORK		% 60
total		% 100

Workload and ECTS Credit Calculation

Activities	Number of Activities	Workload
Course Hours	16	48
Field Work	1	2
Presentations / Seminar	7	35
Midterms	4	20
Final	4	20

Total Workload	125
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