

Medicine			
Bachelor	TR-NQF-HE: Level 7	QF-EHEA: Second Cycle	EQF-LLL: Level 7

## Course Introduction and Application Information

Course Code:	UNI231		
Course Name:	Health Literacy		
Semester:	Spring Fall		
Course Credits:	<div>ECTS</div> <div>5</div>		
Language of instruction:	Turkish		
Course Condition:			
Does the Course Require Work Experience?:	No		
Type of course:	University Elective		
Course Level:	<div> <div>Bachelor</div> <div>TR-NQF-HE:7. Master`s Degree</div> <div>QF-EHEA:Second Cycle</div> <div>EQF-LLL:7. Master`s Degree</div> </div>		
Mode of Delivery:	E-Learning		
Course Coordinator:	Doç. Dr. İNCİ KAYIN		
Course Lecturer(s):	Doç. Dr. İNCİ KAYIN		
Course Assistants:			

## Course Objective and Content

Course Objectives:	It is aimed to increase the ability to reach a sufficient level of knowledge about health literacy, to use the obtained information in daily life and to access the right information sources in the field of health.
Course	It consists of basic information about health literacy and other concepts related to health literacy.

Content:	
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## Learning Outcomes

The students who have succeeded in this course;

- 1) Knows the concept of health literacy and its importance.
- 2) Explain the factors affecting health literacy.
- 3) Uses the information obtained about health literacy in daily life.
- 4) Gains the ability to access the right information sources in the field of health.
- 5) Have effective literacy skills on individual and community health.

## Course Flow Plan

Week	Subject	Related Preparation
1)	Introduction to the Course, Purpose of the Course and Learning Objectives	
1)	Media and Health Literacy	
2)	Health Literacy Concept	
3)	Key Determinants of Health Literacy	
4)	Factors Affecting Health Literacy	
5)	Classification of Health Literacy	
6)	Measuring Health Literacy	
7)	Health Literacy and Health Expenditures	
8)	Midterm	
9)	Health Education and Health Literacy	
10)	The Effect of Health Literacy on Community Health	
11)	Oral and Dental Health Literacy	
12)	Healthy Nutrition Literacy	
13)	COVID-19 Pandemic and Health Literacy	
14)	Final Exam	

## Sources

Course Notes / Textbooks:	Hocanın kendi notları
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References:	<p>Yıldırım, H. H., Sağlık Okuryazarlığı: Türkiye Resmin Neresinde? Ne Yapmalı? Absam, 2015.</p> <p>Yıldırım, F. ve Keser, A. Sağlık Okuryazarlığı, Ankara Üniversitesi Sağlık Bilimleri Fakültesi Yayını, 2015.</p> <p><a href="https://www.skb.gov.tr/wp-content/uploads/2015/05/saglik-okur-yazarligi-WEB.pdf">https://www.skb.gov.tr/wp-content/uploads/2015/05/saglik-okur-yazarligi-WEB.pdf</a>.</p>
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## Course - Program Learning Outcome Relationship

Course Learning Outcomes	1	2	3	4	5
Program Outcomes					
1) When Istinye University Faculty of Medicine student is graduated who knows the historical development of medicine, medical practices, and the medical profession and their importance for society.					
2) knows the normal structure and function of the human body at the level of molecules, cells, tissues, organs and systems.					
3) is capable of systematically taking an accurate and effective social and medical history from their patients and make a comprehensive physical examination.					
4) knows the laboratory procedures related to diseases; In primary care, the necessary material (blood, urine, etc.) can be obtained from the patient with appropriate methods and can perform the necessary laboratory procedures for diagnosis and follow-up or request laboratory tests.					
5) can distinguish pathological changes in structure and functions during diseases from physiological changes and can Interpret the patient's history, physical examination, laboratory and imaging findings, and arrive at a pre-diagnosis and diagnosis of the patient's problem.					
6) knows, plans and applies primary care and emergency medical treatment practices, rehabilitation stages.					
7) can keep patient records accurately and efficiently, know the importance of confidentiality of patient information and records, and protects this privacy.					
8) knows the clinical decision-making process, evidence-based medicine practices and current approaches.					
9) knows and applies the basic principles of preventive health measures and the protection of individuals from diseases and improving health, and recognizes the individual and/or society at risk, undertakes the responsibility of the physician in public health problems such as epidemics and pandemics.					
10) knows the biopsychosocial approach, evaluates the causes of diseases by					

considering the individual and his / her environment. <b>Course Learning Outcomes</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
11) is capable of having effective oral and/or written communication with patients and their relatives, society and colleagues.					
12) knows the techniques, methods and rules of researching. It contributes to the creation, sharing, implementation and development of new professional knowledge and practices by using science and scientific method within the framework of ethical rules.					
13) can collect health data, analyze them, present them in summary, and prepare forensic reports.					
14) knows the place of physicians as an educator, administrator and researcher in delivery of health care. It takes responsibility for the professional and personal development of own and colleagues in all interdisciplinary teams established to increase the health level of the society.					
15) knows employee health, environment and occupational safety issues and takes responsibility when necessary.					
16) knows health policies and is able to evaluate their effects in the field of application.					
17) keeps medical knowledge up-to-date within the framework of lifelong learning responsibility.					
18) applies own profession by knowing about ethical obligations and legal responsibilities, prioritizing human values and with self-sacrifice throughout own medical life.					

### Course - Learning Outcome Relationship

No Effect	1 Lowest	2 Average	3 Highest

	Program Outcomes	Level of Contribution
1)	When Istinye University Faculty of Medicine student is graduated who knows the historical development of medicine, medical practices, and the medical profession and their importance for society.	
2)	knows the normal structure and function of the human body at the level of molecules, cells, tissues, organs and systems.	

3)	is capable of systematically taking an accurate and effective social and medical history from their patients and make a comprehensive physical examination.	
4)	knows the laboratory procedures related to diseases; In primary care, the necessary material (blood, urine, etc.) can be obtained from the patient with appropriate methods and can perform the necessary laboratory procedures for diagnosis and follow-up or request laboratory tests.	
5)	can distinguish pathological changes in structure and functions during diseases from physiological changes and can Interpret the patient's history, physical examination, laboratory and imaging findings, and arrive at a pre-diagnosis and diagnosis of the patient's problem.	
6)	knows, plans and applies primary care and emergency medical treatment practices, rehabilitation stages.	
7)	can keep patient records accurately and efficiently, know the importance of confidentiality of patient information and records, and protects this privacy.	
8)	knows the clinical decision-making process, evidence-based medicine practices and current approaches.	
9)	knows and applies the basic principles of preventive health measures and the protection of individuals from diseases and improving health, and recognizes the individual and/or society at risk, undertakes the responsibility of the physician in public health problems such as epidemics and pandemics.	
10)	knows the biopsychosocial approach, evaluates the causes of diseases by considering the individual and his / her environment.	
11)	is capable of having effective oral and/or written communication with patients and their relatives, society and colleagues.	
12)	knows the techniques, methods and rules of researching. It contributes to the creation, sharing, implementation and development of new professional knowledge and practices by using science and scientific method within the framework of ethical rules.	
13)	can collect health data, analyze them, present them in summary, and prepare forensic reports.	
14)	knows the place of physicians as an educator, administrator and researcher in delivery of health care. It takes responsibility for the professional and personal development of own and colleagues in all interdisciplinary teams established to increase the health level of the society.	
15)	knows employee health, environment and occupational safety issues and takes responsibility when necessary.	

16)	knows health policies and is able to evaluate their effects in the field of application.	
17)	keeps medical knowledge up-to-date within the framework of lifelong learning responsibility.	
18)	applies own profession by knowing about ethical obligations and legal responsibilities, prioritizing human values and with self-sacrifice throughout own medical life.	

### Assessment & Grading

Semester Requirements	Number of Activities	Level of Contribution
Midterms	1	% 40
Final	1	% 60
<b>total</b>		<b>% 100</b>
PERCENTAGE OF SEMESTER WORK		% 40
PERCENTAGE OF FINAL WORK		% 60
<b>total</b>		<b>% 100</b>

### Workload and ECTS Credit Calculation

Activities	Number of Activities	Preparation for the Activity	Spent for the Activity Itself	Completing the Activity Requirements	Workload
Course Hours	2	20			40
Study Hours Out of Class	6	10			60
Midterms	1	10			10
Final	1	10			10
<b>Total Workload</b>					<b>120</b>