

Dentistry			
Bachelor	TR-NQF-HE: Level 6	QF-EHEA: First Cycle	EQF-LLL: Level 6

## Course Introduction and Application Information

Course Code:	UNI224		
Course Name:	Active Aging		
Semester:	Fall Spring		
Course Credits:	<div>ECTS</div> <div>5</div>		
Language of instruction:	Turkish		
Course Condition:			
Does the Course Require Work Experience?:	No		
Type of course:	University Elective		
Course Level:	<div> <div>Bachelor</div> <div>TR-NQF-HE:6. Master`s Degree</div> <div>QF-EHEA:First Cycle</div> <div>EQF-LLL:6. Master`s Degree</div> </div>		
Mode of Delivery:	E-Learning		
Course Coordinator:	Öğr. Gör. SEVDE ŞANAL		
Course Lecturer(s):	Lec. Sevde Şanal		
Course Assistants:			

## Course Objective and Content

Course Objectives:	The aim of this course is; The aim is to enable students to explain the importance of active aging in their own words, to know the determinants of active aging and the factors that affect and play a role in the active aging process, and to associate them with the aging process.
Course	<ul style="list-style-type: none"> <li>An Overview of Active Aging</li> </ul>

Content:	<ul style="list-style-type: none"> <li>• Overview of Aging and Active Aging and Theories of Aging</li> <li>• Changes Observed in Individuals Due to Aging</li> <li>• Problems of Elderly People</li> <li>• Common Health Problems in Elderly People</li> <li>• Elderly Health and Interdisciplinary Team</li> <li>• Determinants of Active Aging</li> <li>• Protective and Preventive Approaches to Active Aging</li> <li>• Protective and Preventive Approaches in Active Aging II</li> <li>• The Psychosocial Dimension of Active Aging</li> <li>• Active Aging and Lifelong Learning</li> <li>• Active Aging and Technology</li> <li>• Active Aging and Age-Friendly City</li> </ul>
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## Learning Outcomes

The students who have succeeded in this course;

- 1) Being able to remember the basic concepts in the Active Aging course
- 2) Being able to use ways to access information during the lesson
- 3) Defines active aging
- 4) Defines general information about the aging process
- 5) Defines general information about the aging process
- 6) Explains protective and preventive approaches in active aging
- 7) Defines the psycho-social dimension of active aging
- 8) Explain the relationship between active aging and lifelong learning, technology and age-friendly cities

## Course Flow Plan

Week	Subject	Related Preparation
1)	Course Introduction, Course Introduction, Active Aging Overview	
2)	Overview of Aging	
3)	Changes Seen in Individuals Due to Aging	
4)	Problems of the Elderly	
5)	Common Health Problems in the Elderly and Interdisciplinary Team in Elderly Health	
6)	Communication with Elderly Individuals	
7)	Determinants of Active Aging	
8)	Midterm Exam Week	

9)	Determinants of Active Aging	
10)	Protective and Preventive Approaches in Active Aging	
11)	Protective and Preventive Approaches in Active Aging	
12)	Active Aging and Lifelong Learning	
13)	Active Aging and Technology	
14)	Active Aging and Age-Friendly Cities	
15)	Final Exams	
16)	Final Exams	

## Sources

Course Notes / Textbooks:	Öğretim elemanının ders notları.-Instructor's lecture notes.
References:	Öğretim elemanının ders notları.-Instructor's lecture notes.

## Course - Program Learning Outcome Relationship

Course Learning Outcomes	1	2	3	4	5	6	7	8
Program Outcomes								
1) Has basic and up-to-date knowledge in the field of dentistry, follows scientific publications, and applies evidence-based data to his/her professional practice.								
2) Knows well and effectively uses devices, tools, and materials specific to diagnosis and treatment in the field of dentistry.								
3) Evaluates the knowledge in the field of dentistry critically, integrates it with the knowledge of disciplines in the field of health, uses it by analyzing and synthesizing it.								
4) Produces projects related to the field of dentistry, can work with other health disciplines, takes part as a member of the research team and evaluates and reports the results obtained at a scientific level.								
5) Uses information that will contribute to the dentistry profession during practice, takes responsibility, and produces solutions in unforeseen situations.								
6) Shares, compares, and exchanges dental knowledge with								

professional colleagues in social and scientific environments in <b>Course Learning Outcomes</b> written, verbal, and visual forms.	1	2	3	4	5	6	7	8
7) Within the framework of social, scientific, and ethical values including patient privacy, communicates with patients and their relatives, knows all the characteristics of the patient, and recommends the most appropriate treatment with a patient-centered approach.								
8) Follows technological developments, participates in national and international studies, and shares and presents own observations, experiences, and research to further advance dental practices.								
9) By adopting the principle of lifelong learning throughout the dentistry profession, follows current evidence-based dental knowledge and uses it during his professional practice.								
10) During dental practice, in cases such as abuse and addiction, performs the treatment by exhibiting the behaviors required by social ethics and legal rules, and collects and records the relevant data.								
11) Uses basic and current knowledge in the field of dentistry during professional practice for the benefit of society within the framework of national values and country realities.								
12) In natural disasters and emergency cases, takes the protective measures required by the dentistry profession; performs professional practices that benefit patients and society								
13) Generates ideas regarding health policy in dentistry, prioritizes individual and public health, and carries out preventive and therapeutic medical practices within the framework of scientific, ethical, and quality processes.								
14) Differentiates the signs and symptoms commonly encountered in the dentistry profession, makes a treatment plan and refers when necessary, and manages diseases and clinical situations regarding their urgency and patient priority.								
15) Can assume the leadership responsibility of the team he/she works for, manage it following scientific criteria, and support the professional development of the team.								

### Course - Learning Outcome Relationship

No Effect	1 Lowest	2 Average	3 Highest
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	Program Outcomes	Level of Contribution
1)	Has basic and up-to-date knowledge in the field of dentistry, follows scientific publications, and applies evidence-based data to his/her professional practice.	
2)	Knows well and effectively uses devices, tools, and materials specific to diagnosis and treatment in the field of dentistry.	
3)	Evaluates the knowledge in the field of dentistry critically, integrates it with the knowledge of disciplines in the field of health, uses it by analyzing and synthesizing it.	
4)	Produces projects related to the field of dentistry, can work with other health disciplines, takes part as a member of the research team and evaluates and reports the results obtained at a scientific level.	
5)	Uses information that will contribute to the dentistry profession during practice, takes responsibility, and produces solutions in unforeseen situations.	
6)	Shares, compares, and exchanges dental knowledge with professional colleagues in social and scientific environments in written, verbal, and visual forms.	
7)	Within the framework of social, scientific, and ethical values including patient privacy, communicates with patients and their relatives, knows all the characteristics of the patient, and recommends the most appropriate treatment with a patient-centered approach.	
8)	Follows technological developments, participates in national and international studies, and shares and presents own observations, experiences, and research to further advance dental practices.	
9)	By adopting the principle of lifelong learning throughout the dentistry profession, follows current evidence-based dental knowledge and uses it during his professional practice.	
10)	During dental practice, in cases such as abuse and addiction, performs the treatment by exhibiting the behaviors required by social ethics and legal rules, and collects and records the relevant data.	
11)	Uses basic and current knowledge in the field of dentistry during professional practice for the benefit of society within the framework of national values and country realities.	
12)	In natural disasters and emergency cases, takes the protective measures required by the dentistry profession; performs professional practices that benefit patients and society	
13)	Generates ideas regarding health policy in dentistry, prioritizes individual and public	

	health, and carries out preventive and therapeutic medical practices within the framework of scientific, ethical, and quality processes.	
14)	Differentiates the signs and symptoms commonly encountered in the dentistry profession, makes a treatment plan and refers when necessary, and manages diseases and clinical situations regarding their urgency and patient priority.	
15)	Can assume the leadership responsibility of the team he/she works for, manage it following scientific criteria, and support the professional development of the team.	

### Assessment & Grading

Semester Requirements	Number of Activities	Level of Contribution
Midterms	1	% 40
Final	1	% 60
<b>total</b>		<b>% 100</b>
PERCENTAGE OF SEMESTER WORK		% 40
PERCENTAGE OF FINAL WORK		% 60
<b>total</b>		<b>% 100</b>

### Workload and ECTS Credit Calculation

Activities	Number of Activities	Preparation for the Activity	Spent for the Activity Itself	Completing the Activity Requirements	Workload
Course Hours	13	3			39
Study Hours Out of Class	16	5			80
Midterms	1	5			5
Final	1	5			5
<b>Total Workload</b>					<b>129</b>