

Dentistry			
Bachelor	TR-NQF-HE: Level 6	QF-EHEA: First Cycle	EQF-LLL: Level 6

Course Introduction and Application Information

Course Code:	UNI003		
Course Name:	Mistakes in Nutrition		
Semester:	Fall		
Course Credits:	<div>ECTS</div> <div>5</div>		
Language of instruction:			
Course Condition:			
Does the Course Require Work Experience?:	No		
Type of course:	University Elective		
Course Level:	<div> <div>Bachelor</div> <div>TR-NQF-HE:6. Master`s Degree</div> <div>QF-EHEA:First Cycle</div> <div>EQF-LLL:6. Master`s Degree</div> </div>		
Mode of Delivery:	E-Learning		
Course Coordinator:	Prof. Dr. FUNDA ELMACIOĞLU		
Course Lecturer(s):			
Course Assistants:			

Course Objective and Content

Course Objectives:	To be aware of the known mistakes in nutrition and to be conscious about this issue.
Course Content:	To understand the effects of popular diets on health as having knowledge about adequate, balanced and sustainable nutrition concepts.

Learning Outcomes

The students who have succeeded in this course;

- 1) Learn the concepts of adequate, balanced and sustainable nutrition.
- 2) Understand the effects of popular diets on health.
- 3) Have the knowledge about the right mistakes in nutrition.
- 4) Recognize Nutritional Behavior Disorders

Course Flow Plan

Week	Subject	Related Preparation
1)	Adequate, balanced and sustainable nutrition	
2)	Adequate, balanced and sustainable nutrition	
3)	Environmental factors in health promotion	
4)	Physical activity in health promotion	
5)	The Effects of Popular Diets on Health	
6)	The Effects of Popular Diets on Health	
7)	Midterm	
8)	Mistakes in Nutrition	
9)	Mistakes in Nutrition	
10)	Eating Awareness	
11)	Eating Awareness	
12)	Nutritional Behavior Disorders	
13)	Nutritional Behavior Disorders	
14)	Nutritional Behavior Disorders	
15)	Final	

Sources

Course Notes / Textbooks:	<ol style="list-style-type: none">1.Modern Nutrition in Health and Disease. Maurice E. Shils, Moshe Shike, A. Catharine Ross, Benjamin Caballero, Robert J. Cousins. Lippincott Williams & Wilkins. (2012)2.European Food Information Council Reviews (www.eufic.org)3.World Health Organisation (WHO) Fact Sheets (www.who.org)4.Food and Agriculture Organization of the United Nations (FAO) Position Papers
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	(www.fao.org) 5.Konuya ilişkin diğer İngilizce kitaplar ve güncel İngilizce makaleler
References:	Modern Nutrition in Health and Disease. Maurice E. Shils, Moshe Shike, A. Catharine Ross, Benjamin Caballero, Robert J. Cousins. Lippincott Williams & Wilkins. (2012)

Course - Program Learning Outcome Relationship

Course Learning Outcomes	1	2	3	4
Program Outcomes				
1) Has basic and up-to-date knowledge in the field of dentistry, follows scientific publications, and applies evidence-based data to his/her professional practice.				
2) Knows well and effectively uses devices, tools, and materials specific to diagnosis and treatment in the field of dentistry.				
3) Evaluates the knowledge in the field of dentistry critically, integrates it with the knowledge of disciplines in the field of health, uses it by analyzing and synthesizing it.				
4) Produces projects related to the field of dentistry, can work with other health disciplines, takes part as a member of the research team and evaluates and reports the results obtained at a scientific level.				
5) Uses information that will contribute to the dentistry profession during practice, takes responsibility, and produces solutions in unforeseen situations.				
6) Shares, compares, and exchanges dental knowledge with professional colleagues in social and scientific environments in written, verbal, and visual forms.				
7) Within the framework of social, scientific, and ethical values including patient privacy, communicates with patients and their relatives, knows all the characteristics of the patient, and recommends the most appropriate treatment with a patient-centered approach.				
8) Follows technological developments, participates in national and international studies, and shares and presents own observations, experiences, and research to further advance dental practices.				
9) By adopting the principle of lifelong learning throughout the dentistry profession, follows current evidence-based dental knowledge and uses it during his professional practice.				
10) During dental practice, in cases such as abuse and addiction, performs the treatment by exhibiting the behaviors required by social ethics and legal rules, and collects and records the relevant data.				

11) Uses basic and current knowledge in the field of dentistry during professional practice for the benefit of society within the framework of national values and country realities.	1	2	3	4
12) In natural disasters and emergency cases, takes the protective measures required by the dentistry profession; performs professional practices that benefit patients and society				
13) Generates ideas regarding health policy in dentistry, prioritizes individual and public health, and carries out preventive and therapeutic medical practices within the framework of scientific, ethical, and quality processes.				
14) Differentiates the signs and symptoms commonly encountered in the dentistry profession, makes a treatment plan and refers when necessary, and manages diseases and clinical situations regarding their urgency and patient priority.				
15) Can assume the leadership responsibility of the team he/she works for, manage it following scientific criteria, and support the professional development of the team.				

Course - Learning Outcome Relationship

No Effect	1 Lowest	2 Average	3 Highest

	Program Outcomes	Level of Contribution
1)	Has basic and up-to-date knowledge in the field of dentistry, follows scientific publications, and applies evidence-based data to his/her professional practice.	
2)	Knows well and effectively uses devices, tools, and materials specific to diagnosis and treatment in the field of dentistry.	
3)	Evaluates the knowledge in the field of dentistry critically, integrates it with the knowledge of disciplines in the field of health, uses it by analyzing and synthesizing it.	
4)	Produces projects related to the field of dentistry, can work with other health disciplines, takes part as a member of the research team and evaluates and reports the results obtained at a scientific level.	
5)	Uses information that will contribute to the dentistry profession during practice, takes responsibility, and produces solutions in unforeseen situations.	
6)	Shares, compares, and exchanges dental knowledge with professional colleagues in social and scientific environments in written, verbal, and visual forms.	
7)	Within the framework of social, scientific, and ethical values including patient privacy, communicates with patients and their relatives, knows all the characteristics of the patient,	

	and recommends the most appropriate treatment with a patient-centered approach.	
8)	Follows technological developments, participates in national and international studies, and shares and presents own observations, experiences, and research to further advance dental practices.	
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15)	Can assume the leadership responsibility of the team he/she works for, manage it following scientific criteria, and support the professional development of the team.	

Assessment & Grading

Semester Requirements	Number of Activities	Level of Contribution
Midterms	1	% 40
Final	1	% 60
total		% 100
PERCENTAGE OF SEMESTER WORK		% 40
PERCENTAGE OF FINAL WORK		% 60
total		% 100

Workload and ECTS Credit Calculation

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Activities	Number of Activities	Workload
Course Hours	14	34
Study Hours Out of Class	2	40
Homework Assignments	2	20
Midterms	1	2
Final	2	20
Total Workload		116